

FORUM ON SEX AND GENDER IN MEDICAL EDUCATION, RESEARCH AND CLINICAL PRACTICE

10th
September
2024

📍 Lucerne University, Hall 10 (floor -1), Frohburgstrasse 3, 6002 Luzern ⌚ 9:30-16:30

PROGRAMME



9:00	WELCOME, REGISTRATION, COFFEE
9:30	<p>Opening Official welcome Prof. Dr med. Stefan Boes, Dean of the Faculty of Health Sciences and Medicine; University of Lucerne Welcome speech Dr phil. nat. Johanna Dayer Schneider, Co-Head of Equality in Health Section, Prevention and Care Management Unit, BAG/OFSP</p>
9:45	<p>Historical overview and context of sex and gender mainstreaming in education Prof. Dr med. Carole Clair</p>
10:00	<p>The importance of integrating sex and gender in medical and healthcare curricula, in patient healthcare and research Prof. Dr med. Vera Regitz-Zagrosek, Zürich</p>
10:30	<p>Projects supported by swissuniversities: main results N.16 Sex and Gender integration in the Swiss medical curriculum Dr med. Virginie Schlüter N.19 Gender Health and Medicine Dr phil. Annemarie Schumacher, Dr med. Stefan Gysin</p>
11:10	COFFEE BREAK
11:40	<p>N.21. Sex and gender integration in the bachelor curricula of nursing, physiotherapy, and occupational therapy Dr Tiziana Sala Defilippis, PhD, MSc, RN</p>
12:00	<p>Round table. Moderation by Marina Villa</p> <ul style="list-style-type: none"> ➤ Dr med. Barbara Schild, new vice-president of the SIWF/ ISFM ➤ PD Dr med. Roman Hari, Dean of Teaching, Faculty of Medicine, Bern ➤ Prof. Dr med. Beatrice Beck Schimmer, Vice President Medicine, University of Zürich ➤ Sara Häusermann. BScN, MSc Palliative Care, MAS Oncological Care, Diploma of Health Education. Head of Development & Pedagogics BSc in Nursing, ZHAW. ➤ Katja Gruber, physiotherapist, Powerina ➤ Lena Woodtli, Medical master student in Bern, member of CLASH
13:00	LUNCH BREAK

14:10-14:55	<p>Workshops Session I (see next page for details)</p> <p><u>Clinical practice</u></p> <ol style="list-style-type: none"> 1. Consent in practice. Drs med. Lorena Mackinnon Lacasa & Melissa Dominicé Dao, HUG/Unige 2. From Vision to Reality: A case series from the Women's Heart Center at Inselspital Bern. Dr med. Rubén Fuentes Artiles, Inselspital Bern 3. Gender im Sport: Geschlechterspezifische Bedürfnisse am Beispiel von Powerina. Katja Gruber, Powerina 4. LGBTQIA+ Population: Caring for the Relationship, Caring through the Relationship. Yuri Maritan, SUPSI, Dr. phil. Julia Rehsmann, BFH 5. Sexism and Sexual Harassment in the Healthcare Sector. Ursula Meidert, ZHAW; Gaspard Lou, CLASH student Lausanne; Marzia Borojevic, SUPSI <p><u>Research</u></p> <ol style="list-style-type: none"> 6. Swissethics new requirements and guideline for the consideration of sex and gender in research: the SAGER-REC guidelines. Prof. Dr med. Carole Clair, Unisanté, Lausanne and Prof. Dr med. Angèle Gayet-Ageron, UniGE, HUG 7. Exploring Gender Diversity in Research: Basics, Best Practices and Insights. Dr soc. Alexander Ort, Luzern <p><u>Teaching</u></p> <ol style="list-style-type: none"> 8. Tackling implicit gender bias in medical education: Collaborative testing of a gamified, conversational AI approach. Dr ès Sci Joëlle Schwarz, Unisanté, Lausanne and Prof. Dr med. Sonja Merten, Swiss TPH, Allschwil / Basel <p><u>Career/mentoring</u></p> <ol style="list-style-type: none"> 9. How can I boost my (academic) career? An interactive workshop. Dr med. Jeanne Moor, Inselspital, BIHAM, Prof. Dr med. Angèle Gayet-Ageron, UniGE, HUG, Prof. Dr med. Sibil Tschudin, Universitätsspital Basel
15:05-15:50	<p>Workshop Session II</p> <p>See list above</p>
16:00	<p>First impressions of Swiss sex and gender mainstreaming projects, experience of the German system and view of the international context</p> <p>Prof. Dr med. Carolin Lerchenmüller, Chair in Gender Medicine, University of Zürich</p>
16:25	<p>Conclusion</p>
16:30	<p>APER0 BREAK</p>



Approved by SIWF/ISFM: 6 credits of extended continuing education/ formation continue élargie/ erweiterten Fortbildung

Please note that the Forum event will be followed by:

17:15-18:30	<p>CONSTITUENT ASSEMBLY OF THE SWISS GENDER HEALTH NETWORK</p> <p> Luzern University, 4.B55 (fourth floor), Frohburgstrasse 3, 6002 Luzern</p> <p> Remote connection: https://unilu.zoom.us/j/6012793127?pwd=bmdkUXloOEFOSEw2TXRXajZnNnRuZz09&omn=63883679240</p> <p>Meeting-ID: 601 279 3127</p> <p>Kenncode: 491654</p>
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WORKSHOP DETAILS

Please note that all workshops are in English, except number 3, in German.

Clinical practice

1. Consent in practice. Drs med. Lorena Mackinnon Lacasa & Melissa Dominicé Dao (HUG/Unige)

This workshop will discuss how to practice consent in the consultation, whether during history taking, physical examination or treatment. Consent is an integral part of preventing medical violence, especially against women and minorities. Exemplifying consent during the consultation also offers role modeling for consent during intimate interindividual relationships.

2. From Vision to Reality: A case series from the Women's Heart Center at Inselspital Bern. Dr med. Rubén Fuentes Artilles, Inselspital Bern

In this workshop, a selection of cases from the Women's Heart Center at Inselspital Bern will be presented. We will discuss one of the cases in-depth in a problem-based learning format, engaging all workshop participants. In a brief final discussion, we will brainstorm ideas for advancing sex and gender-specific approaches in cardiology and beyond.

3. Gender im Sport: Geschlechterspezifische Bedürfnisse am Beispiel von Powerina. Katja Gruber, Powerina (in German)

In diesem Workshop beschäftigen wir uns mit den spezifischen Bedürfnissen und Wünschen von Mädchen und Frauen im Sport. Durch Selbstreflexion, Erfahrungsaustausch und Diskussion werden wir herausfinden, was frau braucht, um nachhaltig Spass an Bewegung zu haben. Am Beispiel von Powerina wird aufgezeigt, wie auf geschlechterspezifische Anforderungen im Sport eingegangen wird.

4. LGBTQIA+ Population: Caring for the Relationship, Caring through the Relationship. Yuri Maritan, Professional Lecturer at SUPSI, BSc Occupational Therapist, Sexuality Consultant and Dr. phil. Julia Rehsmann, Berner Fachhochschule BFH

The workshop aims to offer a moment to reflect on theories and practical skills in order to deepen the meanings and peculiarities of the palliative care experience of the LGBTQIA+ community.

5. Sexism and Sexual Harassment in the Healthcare Sector. Ursula Meidert, lic. phil., Lecturer & Researcher – ZHAW; Gabriella Disavino (CLASH student Lausanne); Gaspard Lou (CLASH student Lausanne); Marzia Borojevic, MSc, Lecturer DEASS – SUPSI.

Sexual harassment and sexism are widespread in the healthcare sector and have a detrimental effect on the mental health of those affected. This workshop aims to raise awareness of sexism and sexual harassment in the healthcare sector. Using exemplary cases, participants will learn how to recognize, address, and prevent such situations in order to promote a safe and respectful working environment.

Research

6. Swissethics new requirements and guideline for the consideration of sex and gender in research: the SAGER-REC guidelines. Prof. Dr med. Carole Clair (Unisanté, Lausanne) and Prof. Dr med. Angèle Gayet-Ageron (UniGE, HUG)

During this workshop we will present the rationale for including sex and gender in health research, using practical examples. We will then present the new recommendations and go through the various checklist items and some solutions to improve the conception of research protocols regarding sex & gender aspects.

7. Exploring Gender Diversity in Research: Basics, Best Practices and Insights. Dr soc. Alexander Ort (Luzern)

Explore diverse gender identities and learn how to purposefully and effectively incorporate gender and sex in research projects. The session includes a discussion on best practices, guided by insights from recent work on gender, to foster an inclusive research environment. Participants are welcome to bring questions and share experiences to foster the discussion, understanding, and application of gender diversity in research.

Teaching

8. Tackling implicit gender bias in medical education: Collaborative testing of a gamified, conversational AI approach. Dr ès Sci Joëlle Schwarz (Unisanté, Lausanne) and Prof. Dr med. Sonja Merten (Swiss TPH, Allschwil / Basel)

This workshop will explore how conversational Artificial Intelligence and Gamification can be used to address unconscious bias in clinical practice. Workshop participants will test a prototype of a conversational online game jointly developed by a consortium (Swiss TPH, Allschwil; Unisanté, Lausanne; IBME, Zuerich; FHNW).

Career/mentoring

9. How can I boost my (academic) career? An interactive workshop. Dr med. Jeanne Moor (Inselpital, BIHAM), Prof. Dr med. Angèle Gayet-Ageron (UniGE, HUG), Prof. Dr med. Sibil Tschudin (Universitätsspital Basel)

The workshop will discuss the challenges related to the academic career, in particular for women. We will exchange about the determinants associated with successful academic career, the existence of programmes and possible further solutions proposed in Switzerland. It will be an interactive session with the audience.

THANK YOU

Thank you to all our partners who have enabled us to invite you to take part in this event free of charge!

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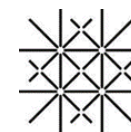
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